

## YOLANDA PADILLA

### *Studies*

Yolanda studied at the following centers in Mexico City:

Centro Holístico ISWARA

Centro Holístico de Medicina Alternativa

Casa AMATLAN

She studied with a private teacher in the traditions of Mayan Massage and Indigenous Healing. Under the guidance of Rocio Palma, Director of the Holistic Mayan Center in Puerto Vallarta, she took courses in Body and Facial Massage Treatments, as well as the management of a “Sweat Lodge” She is in her second year of cranial sacral studies.

### *Work Experience*

Yolanda has worked in several exclusive SPAS in the Pacific Coast of Mexico, such as Hotel Tamarindo, Hotel Careyes, Playa Rosa and Punta Serena. She is continuously updating her knowledge in all fields that will assist her in providing the best for her clients.



amayal

CENTRO EDUCACIONAL DE SALUD  
PARA EL BIENESTAR HUMANO, A.C.

INTEGRA SALUD | NACER Y CRECER | ERUDITO | TERRENAL